

Biosketch Paul Summergrad, MD

Paul Summergrad, M.D., is the Dr. Frances S. Arkin professor and chairman of the Department of Psychiatry and professor of psychiatry and medicine at Tufts University School of Medicine and psychiatrist-in-chief at Tufts Medical Center. In 2014-15, Dr. Summergrad served as the 141st president of the American Psychiatric Association, and is a past president of the American Association of Chairs of Departments of Psychiatry. He serves as the Secretary for Finances and as a member of the Executive Committee of the World Psychiatric Association.

An international leader in medical psychiatric disorders and care, Dr. Summergrad's research focuses on mood disorders, medical-psychiatric co-morbidity, and health system design. He has published extensively with over 150 peer review publications, book chapters and other communications. He has edited three books: *The Textbook of Medical Psychiatry*, *Integrated Care in Psychiatry*, and *Primary Care Psychiatry*. He currently serves on the editorial boards of *Current Psychiatry* and *Personalized Medicine in Psychiatry* and guest edited a special issue of *Academic Psychiatry* on strategic planning in academic departments of psychiatry. A sought-after speaker, educator and consultant, he has served as a visiting professor and has given invited lectures throughout the United States and internationally. He was a member of the Diagnostic and Statistical Manual 5 Steering Committee of the American Psychiatric Association and the Standing Committee on Nominations of the World Psychiatric Association where he currently Chairs the Standing Committee on Finances and from which he received Honorary Membership. He chaired the work group of the APA board of the role of psychiatry in health care reform which commissioned the Milliman report on the total health care costs associated with psychiatric illness. He is a distinguished fellow of the American Psychiatric Association, a fellow of the American College of Psychiatrists, the American College of Physicians and of the Royal College of Physicians-Edinburgh and has received numerous other awards and honors. He received the Distinguished Faculty Award from Tufts University School of Medicine in 2015 and the Leadership award of the American Association of Chairs of Departments of Psychiatry in 2018. He was elected to the Honorary Fellowship of the Royal College of Psychiatrists, their highest honor, in 2020.

After completing his training in internal medicine at Boston City Hospital and Boston University and in psychiatry at the Massachusetts General Hospital (MGH) and Harvard Medical School, Dr. Summergrad served as chief of Inpatient Psychiatric Services at MGH from 1987-1998 and as associate professor of psychiatry at Harvard. He served as staff to the Partners Mental Health Strategic Planning Committee of the Partners Board of Trustees in 1996-97 and as network director of the Partners Psychiatry & Mental Health System from 1997-2004. From 2000-2002 he served as the executive vice president for medical affairs and chief medical officer of the North Shore Medical Center where he oversaw quality, physician integration and the physician group while also serving as chief of psychiatry. He was a member of the Partners Healthcare System Executive Committee from 2000-2004. He served in 2013-14 as the chair of the American Hospital Association Governing Council for psychiatric and substance abuse services. In 1999 Dr. Summergrad chaired the Harvard University Provost's Committee on Student Mental Services and co-chaired the Tufts University Mental Health Task Force with the President of Tufts University in 2018-19. Dr. Summergrad served from 2005- 2019 as the founding chairman of the Tufts Medical Center Physicians Organization, a multi-specialty faculty medical group for which he also served as interim president and chief executive officer from 2014-2016. He chaired the search for the Chair of the Wellforce Board of Trustees in 2020 and is a former board member of Wellforce. He is a member of the Tufts Medical Center Board of Trustees.

Dr. Summergrad earned his medical degree from the School of Medicine at the State University of New York at Buffalo in 1978 where he was elected to Alpha Omega Alpha in his junior year. He served as chief resident in psychiatry at MGH. He completed psychoanalytic training at the Boston Psychoanalytic Society and Institute. He is board certified in Psychiatry, Internal Medicine and Psychosomatic Medicine.